

LORENA PRIMARY SCHOOL

SEPTEMBER 2011

			THURSDAY 1	FRIDAY 2
Choice of fat-free chocolate, Fat-free Strawberry or 1% white milk served daily with breakfast and lunch.	Applications for Free/Reduced price school meals can be submitted any time during the school year. You may pick an application up at the school office, the Administration building or call (254) 857-8909		Scrambled Eggs or Yogurt, Toast 1. Chicken & Noodles & bread or 2. WG Corn Dog Green Peas – Fresh Carrots w/dip – Pineapple chunks	Cinnamon Roll 1. Pizza or 2. P B & J Corn – Side Salad Mandarin Oranges WG Teddy Grahams
MONDAY 5	TUESDAY 6	WEDNESDAY 7	THURSDAY 8	FRIDAY 9
NO SCHOOL	Cereal - Toast – Juice 1. Sloppy Joe or 2. Chicken Fried Steak Sandwich Fresh Broccoli & Carrots w/dip Zucchini Squash Fresh Orange Wedges	Sausage Biscuit, Gravy, Juice 1. Salisbury Steak or 2. Chicken Patty Mashed Potatoes, gravy Green Beans, WW Roll Fresh Apple Wedges	Scrambled Eggs, Sausage, Toast, Juice 1. Soft Taco or 2. Grilled Cheese Sandwich Popeye Salad w/Tomato Refried Beans – Mixed Fruit WG Teddy Grahams	Breakfast Burrito, Juice 1. Hamburger or 2. Corn Dog Romaine Salad w/tomato & pickle Sweet Potato Fries – Pears Granola
MONDAY 12	TUESDAY 13	WEDNESDAY 14	THURSDAY 15	FRIDAY 16
Mini Pancakes, Sausage, Juice 1. Fish Sticks or 2. Chicken Nuggets Fat-free Potato Wedges Broccoli – Applesauce WG Giant Goldfish	Cereal – Toast – Juice 1. Mexican Skillet or 2. Yogurt & Grilled Cheese Black Beans Popeye Salad Fresh Banana - Granola	English Muffin, Ham & Cheese, Juice 1. Cheeseburger or 2. Hot Dog Italian Vegetable Blend Fries Fresh Orange Wedges	Breakfast Bar, Toast, Juice 1. Italian Rotini Casserole or 2. Turkey Melt Green Peas – Sliced Carrots Fresh Fruit Cup Crackers	Cinnamon Tastry, Sausage, Juice 1. Pizza or 2. Chef Salad w/ham Winter Blend Salad – Strawberries WG Teddy Grahams
MONDAY 19	TUESDAY 20	WEDNESDAY 21	THURSDAY 22	FRIDAY 23
French Toast Sticks, Syrup, Sausage, Juice 1. Chicken Nuggets or 2. WG Corn Dog Rice Pilaf – Salad Mixed Vegetables - Apricots	Cereal – Toast - Juice 1. Ham & Cheese Wrap or 2. Grilled Cheese Fresh Vegetables w/dip Spinach – Banana WG Teddy Grahams	Chicken Biscuit – Juice 1. BBQ Chicken Sandwich or 2. Deli Sub Chili Beans – Broccoli Salad Raisins – Sun Chips	Scrambled Eggs, Sausage, Toast, Juice 1. Taco Soup & Tortilla Chips or 2. Toasted Ham & Cheese Green Beans – Carrots w/dip Fresh Orange Wedges - Cookie	Muffin, Cheese Toast, Juice 1. Hamburger or 2. Hot dog Tater Tots – Salad Applesauce
MONDAY 26	TUESDAY 27	WEDNESDAY 28	THURSDAY 29	FRIDAY 30
Waffles, Syrup, Sausage, Juice 1. Beef Ravioli, ww bread or 2. Grilled Cheese Cheesy Broccoli & Cauliflower Fresh Fruit Cup	Cereal – Toast - Juice 1. Chicken Spaghetti or 2. WG Corn Dog Carrot Raisin Salad Green Beans – Pineapple Graham Crackers	Sausage Biscuit, Gravy, Juice 1. Chicken Quesadilla or 2. Yogurt & Grilled Cheese Sweet Potato Fries Peas – Pears - Granola	Breakfast Pizza, Juice 1. Nachos w/taco meat & cheese or 2. Ham & Cheese Sandwich Pinto Beans – Spinach Fresh Orange Wedges	Breakfast Burrito, Juice 1. Pizza or 2. P B & J Side Salad – Corn Baked Cinnamon Apples WG Teddy Grahams

Menu subject to change without notice