

# LORENA PRIMARY SCHOOL

## NOVEMBER 2011

	<b>TUESDAY 1</b>	<b>WEDNESDAY 2</b>	<b>THURSDAY 3</b>	<b>FRIDAY 4</b>
<p>Choice of fat-free chocolate or 1% white milk served daily with breakfast and lunch.</p>	<p>Cereal, Toast, Juice</p> <p><b>1. Ham &amp; Cheese Wrap or</b> <b>2. Grilled Cheese</b> Fresh Vegetables w/dip Spinach – Banana WG Teddy Grahams</p>	<p>Chicken Biscuit - Juice</p> <p><b>1. BBQ Chicken Sandwich or</b> <b>2. Deli Sub</b> Pickle spear – Chili Beans Broccoli Salad – Raisins Sun Chips</p>	<p>Scrambled Eggs, Sausage, Toast, Juice</p> <p><b>1. Taco Soup, tortilla chips or</b> <b>2. Toasted Ham &amp; Cheese Sandwich</b> Green Beans – Carrots w/dip Fresh Orange Wedges - Cookie</p>	<p>Muffin, Cheese toast, Juice</p> <p><b>1. Hamburger or</b> <b>2. Hot Dog</b> Tater Tots – Salad Applesauce</p>
<b>MONDAY 7</b>	<b>TUESDAY 8</b>	<b>WEDNESDAY 9</b>	<b>THURSDAY 10</b>	<b>FRIDAY 11</b>
<p>Waffles, Syrup, Sausage, Juice</p> <p><b>1. Beef Ravioli, WW bread or</b> <b>2. Grilled Cheese</b> Cheesy Broccoli &amp; Cauliflower Fresh Fruit Cup</p>	<p>Cereal - Toast – Juice</p> <p><b>1. Chicken Spaghetti or</b> <b>2. Hamburger</b> Carrot Raisin Salad Peas – Pineapple Graham Crackers</p>	<p>Sausage, Biscuit, Gravy, Juice</p> <p><b>1. Chicken Quesadilla or</b> <b>2. Yogurt &amp; Grilled Cheese</b> Sweet Potato Fries Chili Beans – Pears - Granola</p>	<p>Breakfast Pizza, Juice</p> <p><b>1. Pizza or</b> <b>2. WG Corn Dog</b> Fresh Carrots w/dip Black eyed Peas Mandarin Oranges</p>	<p>Breakfast Burrito, Juice</p> <p><b>Turkey &amp; Dressing</b> Mashed Potatoes, Gravy Green Beans – Fruit Salad WW Roll</p>
<b>MONDAY 14</b>	<b>TUESDAY 15</b>	<b>WEDNESDAY 16</b>	<b>THURSDAY 17</b>	<b>FRIDAY 18</b>
<p>Pancake, Sausage Link, Syrup, Juice</p> <p><b>1. Chicken Patty on bun or</b> <b>2. Fish Patty on bun</b> Baked Sweet Potato &amp; Apples Pork &amp; Beans – Pineapple Ring</p>	<p>Cereal – Toast – Juice</p> <p><b>1. Italian Spaghetti, garlic toast or</b> <b>2. Grilled Cheese</b> Black eyed peas – Tossed Salad Fresh Orange Wedges WG Teddy Grahams</p>	<p>English Muffin, Ham &amp; Cheese, Juice</p> <p><b>1. Chicken Nuggets or</b> <b>2. Steak Fingers</b> Pearl Potatoes Squash Medley – Raisins Whole Wheat Bread</p>	<p>Breakfast Bar, Toast, Juice</p> <p><b>1. Ground Beef Stroganoff over brown rice or</b> <b>2. Toasted Ham &amp; Cheese Sandwich</b> Carrots – Spinach Fresh Apple</p>	<p>Cinnamon Tasty, Sausage, Juice</p> <p><b>1. Hamburger or</b> <b>2. WG Corn Dog</b> Romaine Salad w/tomato &amp; Pickles Fries – Peaches</p>
<b>MONDAY 21</b>	<b>TUESDAY 22</b>	<b>WEDNESDAY 23</b>	<b>THURSDAY 24</b>	<b>FRIDAY 25</b>
<p>French Toast Sticks, Syrup, Sausage, Juice</p> <p><b>1. Hot Dog or</b> <b>2. Cheeseburger Wrap</b> Fresh Vegetable Medley w/dip Baked Beans – Cinnamon Apples – WG Goldfish crackers</p>	<p>Cereal – Toast - Juice</p> <p><b>1. Corn Chip Pie or</b> <b>2. Yogurt &amp; Grilled Cheese</b> Pinto Beans Popeye Salad Fresh Fruit Cup - Granola</p>	<p>NO SCHOOL</p>	<p>HAPPY THANKSGIVING</p>	<p>NO SCHOOL</p>
<b>MONDAY 28</b>	<b>TUESDAY 29</b>	<b>WEDNESDAY 30</b>		
<p>Waffles, Syrup, Sausage, Juice</p> <p><b>1. Little Stackers (meat/cheese/crackers) or</b> <b>2. Meatball Sub</b> Vegetable Rice Medley Pork &amp; Beans - Raisins</p>	<p>Cereal, Toast, Juice</p> <p><b>1. Sloppy Joe or</b> <b>2. Chicken Fried Steak Sandwich</b> Fresh Broccoli &amp; Carrots w/dip Zucchini Squash Fresh Orange Wedges</p>	<p>Sausage Biscuit, Gravy, Juice</p> <p><b>1. Salisbury Steak or</b> <b>2. Chicken Patty</b> Mashed Potatoes, Gravy Green Beans – WW Roll Fresh Apple Wedges</p>		<p>Applications for Free/Reduced price school meals can be submitted any time during the school year. You may pick an application up at the school office, the Administration building or call (254) 857-8909</p>

Menu subject to change without notice