

LORENA MIDDLE SCHOOL

SEPTEMBER 2010

<p>Choice of fat-free chocolate, Fat-free Strawberry or 1% white milk served daily with breakfast and lunch.</p>		<p style="text-align: center;"><i>WEDNESDAY 1</i></p> <p>Pancake on Stick or Cereal, Toast, Juice</p> <p style="text-align: center;">STEAK FINGERS Potato Wedges Broccoli w/ cheese sauce Fruit - Bread</p>	<p style="text-align: center;"><i>THURSDAY 2</i></p> <p>Breakfast Burrito or Cereal, Toast, Juice</p> <p style="text-align: center;">TACO w/meat & cheese Lettuce & Tomato Pinto Beans - Fruit Crackers</p>	<p style="text-align: center;"><i>FRIDAY 3</i></p> <p>Cinnamon Roll or Cereal, Toast, Juice</p> <p style="text-align: center;">SPICY CHICKEN SANDWICH Lettuce/Tomato/Pickle Fries - Fruit</p>
<p style="text-align: center;"><i>MONDAY 6</i></p> <p style="text-align: center;">NO SCHOOL</p>	<p style="text-align: center;"><i>TUESDAY 7</i></p> <p>Scrambled Eggs, Sausage, Biscuit, Gravy, Juice</p> <p style="text-align: center;">PIZZA Corn – Salad Fruit - Crackers</p>	<p style="text-align: center;"><i>WEDNESDAY 8</i></p> <p>Hash brown or Cereal, Toast</p> <p style="text-align: center;">CHALUPA w/taco meat & cheese Refried Beans - Salad Fruit - Crackers</p>	<p style="text-align: center;"><i>THURSDAY 9</i></p> <p>Breakfast Pizza or Cereal, Toast</p> <p style="text-align: center;">FISH STRIPS OR CHICKEN NUGGETS Tater Tots – Cole Slaw – Fruit Hush Puppies or Crackers</p>	<p style="text-align: center;"><i>FRIDAY 10</i></p> <p>Super Donuts & Toast or Chicken Biscuit</p> <p style="text-align: center;">CHEESEBURGER Burger Salad – Fries Fruit</p>
<p style="text-align: center;"><i>MONDAY 13</i></p> <p>Cereal or Muffin, Toast, Juice</p> <p style="text-align: center;">CHILI CHEESE BURRITO Ranch Style Beans – Salad Fruit - Crackers</p>	<p style="text-align: center;"><i>TUESDAY 14</i></p> <p>Scrambled Eggs, Sausage, Biscuit, Gravy, Juice</p> <p style="text-align: center;">PIZZA Garden Vegetables – Salad Fruit - Crackers</p>	<p style="text-align: center;"><i>WEDNESDAY 15</i></p> <p>Pancakes & Sausage, Syrup, Juice</p> <p style="text-align: center;">CHICKEN FAJITAS w/cheese Salad – Pinto Beans Fruit - Crackers</p>	<p style="text-align: center;"><i>THURSDAY 16</i></p> <p>Cinnamon Roll or Cereal, Toast, Juice</p> <p style="text-align: center;">CHILI DOG, cheese Tater Tots – Baked Beans Fruit</p>	<p style="text-align: center;"><i>FRIDAY 17</i></p> <p>Breakfast Bar or Cereal, Toast, Juice</p> <p style="text-align: center;">STEAK SANDWICH Burger Salad – Fries Fruit - Crackers</p>
<p style="text-align: center;"><i>MONDAY 20</i></p> <p>Cereal & Toast or Chicken Biscuit, Juice</p> <p style="text-align: center;">CHICKEN PATTY ON BUN Lettuce / Tomato / Pickle Fries - Fruit</p>	<p style="text-align: center;"><i>TUESDAY 21</i></p> <p>Scrambled Eggs, Sausage, Biscuit, Gravy, Juice</p> <p>CRISPITO w/refried beans Cheese Sauce – Corn – Salad Fruit - Crackers</p>	<p style="text-align: center;"><i>WEDNESDAY 22</i></p> <p>Sausage on Stick or Cereal, Toast, Juice</p> <p style="text-align: center;">STEAK FINGERS Mashed Potatoes & Gravy Green Beans – Fruit Bread</p>	<p style="text-align: center;"><i>THURSDAY 23</i></p> <p>Breakfast Pizza or Cereal, Toast, Juice</p> <p style="text-align: center;">TACO BOWL SALAD (taco meat & cheese) Lettuce & Tomato – Crackers Pinto Beans - Fruit</p>	<p style="text-align: center;"><i>FRIDAY 24</i></p> <p>Super Donut or Cereal, Toast, Juice</p> <p style="text-align: center;">CHEESEBURGER Burger Salad Fries - Fruit</p>
<p style="text-align: center;"><i>MONDAY 27</i></p> <p>Muffin or Cereal, Toast, Juice</p> <p style="text-align: center;">STEAK SANDWICH Tater Tots – Baked Beans Fruit - Crackers</p>	<p style="text-align: center;"><i>TUESDAY 28</i></p> <p>Scrambled Eggs, Sausage, Biscuit, Gravy, Juice</p> <p style="text-align: center;">PIZZA Corn – Salad – Fruit Crackers</p>	<p style="text-align: center;"><i>WEDNESDAY 29</i></p> <p>Breakfast Burrito or Cereal, Toast, Juice</p> <p style="text-align: center;">CHICKEN NUGGETS Scalloped Potatoes California Blend Vegetables Fruit - Bread</p>	<p style="text-align: center;"><i>THURSDAY 30</i></p> <p>Hash brown or Cereal, Toast, Juice</p> <p style="text-align: center;">NACHOS w/ (queso) or (taco meat & cheese) Chili Beans – Salad Fruit - Crackers</p>	<p>Applications for Free/Reduced price school meals can be submitted any time during the school year. You may pick an application up at the school office, the Administration building or call (254) 857-8909.</p>

Menu subject to change without notice