

Lorena Middle School

September 2009

Monday	Tuesday	Wednesday	Thursday	Friday
Choice of .5% chocolate or 1% white milk served daily with breakfast & lunch	1. Scrambled Eggs, Sausage Biscuit, Gravy, Juice Pizza Corn – Salad – Fruit	2. Pancake on Stick or Cereal, Toast, Juice Salisbury Steak Mashed Potatoes & Gravy Green Beans – Fruit Hot Roll	3. Breakfast Burrito or Cereal Toast, Juice Italian Spaghetti Sweet Peas - Salad Garlic Toast - Fruit	4. Cinnamon Roll or Cereal, Toast, Juice Cheeseburger Lettuce-Tomato-Pickles Fries - Fruit
7. Labor Day	8. Scrambled Eggs, Sausage Biscuit, Gravy, Juice Pizza Garden Vegetables Salad - Fruit	9. Hash brown or Cereal, Toast, Juice Steak Fingers Broccoli w/cheese sauce Potato Wedges - Fruit Bread	10. Breakfast Pizza or Cereal Toast, Juice Crispy Tacos or Soft Tacos Lettuce & Tomato Pinto Beans - Fruit Crackers	11. Chicken Biscuit, Toast Spicy Chicken Sandwich Lettuce-Tomato-Pickles Fries - Fruit
14. Cereal or Muffin, Toast Juice BBQ on Bun Tater Tots – Pickles Baked Beans - Fruit	15 Scrambled Eggs, Sausage Biscuit, Gravy, Juice Pizza Corn – Salad - Fruit	16. Pancake & Sausage, Syrup, Juice Chalupa w/Taco Meat & Cheese Refried Beans - Salad Fruit - Crackers	17. Cinnamon Roll or Cereal Toast, Juice Fish Strips or Chicken Nuggets Potato Wedges Cole Slaw – Fruit - Crackers	18. Breakfast Bar or Cereal Toast, Juice Cheeseburger Lettuce-Tomato-Pickles Fries - Fruit
21. Cereal & Toast or Chicken Biscuit, Juice Chili Cheese Burrito Ranch Style Beans Baby Carrots - Fruit - Crackers	22 Scrambled Eggs, Sausage Biscuit, Gravy, Juice Pizza Garden Vegetables Salad - Fruit	23. Sausage on Stick or Cereal, Toast, Juice Chicken Fajitas w/cheese Pinto Beans Salad – Fruit - Crackers	24. Breakfast Pizza or Cereal Toast, Juice Chili Dog Cheese – Tater Tots Baked Beans - Fruit Crackers	25. Hash brown or Cereal, Toast, Juice BBQ Rib Sandwich Lettuce-Tomato-Pickles Fries - Fruit - Crackers
28. Muffin or Cereal, Toast, Juice Chicken Patty on Bun Lettuce-Tomato-Pickles Fries - Fruit	29 Scrambled Eggs, Sausage Biscuit, Gravy, Juice Crispito w/refried beans-cheese sauce Corn – Salad – Fruit Crackers	30. Breakfast Burrito or Cereal, Toast, Juice Steak Fingers Mashed Potatoes & Gravy Green Beans – Fruit - Bread	Applications for Free/Reduced price school meals may be submitted any time during the school year. You pay pick an application up at the school office or the Administration building.	
				Menu subject to change w/o notice

