

Lorena Elementary School

October 2009

Monday	Tuesday	Wednesday	Thursday	Friday
Choice of .5% chocolate or 1% white milk served daily with breakfast & lunch	Applications for Free/Reduced price school meals may be submitted any time during the school year. You pay pick an application up at the school office or the Administration building.	Alternate entrée offered daily: <i>Monday: Cracker Stacker</i> <i>Tuesday: Hot Pocket</i> <i>Wednesday: Mini Chef Salad</i> <i>Thur: Ham & Cheese Sandwich</i> <i>Friday: Loaded Baked Potato</i>	1. <i>Pancake Sausage on Stick, syrup, Juice</i> Lasagna Corn on Cob, Romaine Salad Baked Apples, WW Bread	2. <i>Apple Cutie Pie, Juice</i> Hamburger or Cheeseburger Lettuce/Tomato/Pickles Fries, Pineapple
5. <i>Cereal or Yogurt, Toast</i> Grilled Cheese Baby Carrots - Pickle Spear Mandarin Oranges	6. <i>Breakfast Pizza or Yogurt & Toast, Juice</i> Soft Taco Lettuce & Tomato Cup, Charro Beans, Spanish Rice, Diced Pears	7. <i>Pancakes, Waffles or French Toast, Sausage, Syrup, Juice</i> BBQ on Bun Baked Beans, Cole Slaw Fresh Apple	8. <i>Sausage/Egg Biscuit, Juice</i> Crispy Chicken Wrap Lettuce/Tomato Cup Spinach, Pineapple	9. <i>Honey Wheat Donuts</i> Pizza Seasoned Corn, Popeye Salad, Fruit Bar Cookie
12. No School	13. <i>Cereal or Yogurt, Toast, Juice</i> Philly Cheese Steak Sandwich Broccoli, Seasoned Diced Potatoes, Cutie Pie	14. <i>Breakfast Taco, Sausage Link, Eggs, Cheese, Juice</i> Popcorn Shrimp Vegetable Rice Medley Romaine Salad, Pineapple Tidbits	15. <i>Chicken Biscuit w/cheese, Juice</i> Chile w/beans Cheese cube – Baby Carrots Tossed Salad, Crackers Mandarin Oranges	16. <i>Stroodlez, Juice</i> Hamburger or Cheeseburger Lettuce/Tomato/Pickles Fries, Banana
19. <i>Cereal or Yogurt, Toast, Juice</i> Chili Cheese Dog Fries - Carrot Sticks Pineapple	20. <i>Pancake/Sausage on stick, Juice</i> Nachos w/meat & cheese Black Beans, Romaine Salad, Mandarin Oranges Graham Crackers	21. <i>Biscuit w/gravy, Sausage Patty, Juice</i> Popcorn Chicken Mashed Potatoes, gravy Spinach, Applesauce Whole Wheat Bread	22. <i>Kolache or Yogurt, Toast, Juice</i> Meatball Sub Popeye Salad, Green Beans Banana, Goldfish Crackers	23. <i>Cinnamon Roll, Juice</i> Pizza Tossed Salad, Corn Pears, Cookie
26. <i>Pancake, Waffle or French Toast, Syrup, Sausage, Juice</i> Mini Corn Dog Baby Carrots, Ranch Style Beans, Fruit Bar	27. <i>Cereal or Yogurt, Toast, Juice</i> Sloppy Joe Potato Wedges, Broccoli, Peaches	29. <i>Cheese or Cinnamon Toast, Sausage Link, Juice</i> Steak Fingers Mashed Potatoes, gravy Romaine Salad, Mixed Fruit	29. <i>Breakfast Bar or Yogurt, Toast, Juice</i> Egg Rolls Vegetable Rice Medley Baked Apples, Graham Crackers	30. <i>Honey Bun, Juice</i> Hamburger or Cheeseburger Lettuce/Tomato/Pickles Fries, Fresh Orange Half

Menu subject to change w/o notice