

# Lorena Elementary School

## November 2009

<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
<p><b>2.</b> <i>Cereal or Yogurt, Toast, Juice</i></p> <p style="text-align: center;"><b>Fish Nuggets</b></p> <p>Fries, Cole Slaw Baked Apples, Hushpuppies</p>	<p><b>3.</b> <i>Breakfast Pizza or Yogurt, Toast, Juice</i></p> <p style="text-align: center;"><b>Macaroni &amp; Cheese</b></p> <p>Peas, Baby Carrots, Raisins, Graham Crackers</p>	<p><b>4.</b> <i>Breakfast Taco, Sausage Link Eggs, Cheese, Juice</i></p> <p style="text-align: center;"><b>Crispito w/refried beans</b></p> <p>Broccoli w/cheese Romaine Salad, Peach cutie pie</p>	<p><b>5.</b> <i>Sausage Patty, Egg, Biscuit, Juice</i></p> <p style="text-align: center;"><b>Frito Pie, Cheese</b></p> <p>Ranch Style Beans, Romaine Salad, Crackers, Fresh Orange Half</p>	<p><b>6.</b> <i>Muffins, Juice</i></p> <p style="text-align: center;"><b>Pizza</b></p> <p>Corn, Tossed Salad Pineapple, Cookie</p>
<p><b>9.</b> <i>Ham &amp; Cheese Biscuit, Juice</i></p> <p style="text-align: center;"><b>Chicken Nuggets</b></p> <p>Seasoned Diced Potatoes Broccoli &amp; Cheese WW bread, Applesauce</p>	<p><b>10.</b> <i>Cereal or Yogurt, Toast, Juice</i></p> <p style="text-align: center;"><b>Chalupa</b></p> <p>Cheese, Refried Beans Lettuce &amp; Tomato Cup Graham Crackers, Mandarin Oranges</p>	<p><b>11.</b> <i>Scrambled Eggs, Sliced Ham, Juice</i></p> <p style="text-align: center;"><b>Chicken Fried Steak</b></p> <p>Mashed Potatoes, Gravy Glazed Carrots, Pineapple Whole Wheat Roll</p>	<p><b>12.</b> <i>Chicken biscuit w/cheese, Juice</i></p> <p style="text-align: center;"><b>Italian Spaghetti</b></p> <p>Popeye Salad, Corn, Fruit Bar Whole Wheat Bread</p>	<p><b>13.</b> <i>Pop tarts, Juice</i></p> <p style="text-align: center;"><b>Turkey &amp; Dressing</b></p> <p>Sweet Potatoes Gravy Green Beans Fruit Salad Roll – Cranberry Sauce</p>
<p><b>16.</b> <i>Cereal or Yogurt, Toast, Juice</i></p> <p style="text-align: center;"><b>Ravioli</b></p> <p>Romaine Salad, Green Beans, Mandarin Oranges Whole Wheat Bread</p>	<p><b>17.</b> <i>Biscuits w/Gravy, Sausage</i></p> <p style="text-align: center;"><b>Salisbury Steak</b></p> <p>Mashed Potatoes w/gravy Broccoli, Peaches, Wheat Roll</p>	<p><b>18.</b> <i>Cheese or Cinnamon Toast &amp; Sausage Link or Yogurt, Juice</i></p> <p style="text-align: center;"><b>B.B.Q. Rib Sandwich</b></p> <p>Baked Beans Cole Slaw Banana</p>	<p><b>19.</b> <i>Omelet, Juice</i></p> <p style="text-align: center;"><b>Swedish Meatballs w/egg noodles</b></p> <p>Peas, Baby Carrots, Cinnamon Apples</p>	<p><b>20.</b> <i>Cinnamon Toasty, Juice</i></p> <p style="text-align: center;"><b>Pizza</b></p> <p>Romaine Salad, Corn Fruit Bar, Cookie</p> <p style="text-align: center;"><b>Early Dismissal</b></p>
<p><b>23.</b> <i>Breakfast Bar or Yogurt, Toast, Juice</i></p> <p style="text-align: center;"><b>Chicken on Bun</b></p> <p>Pickles, Popeye Salad Green Beans Peach Cutie Pie</p>	<p><b>24.</b> <i>Cereal or Yogurt, Toast, Juice</i></p> <p style="text-align: center;"><b>Taco Salad, cheese</b></p> <p>Lettuce &amp; Tomato Black Beans - Pears</p>	<p><b>NO SCHOOL</b></p>	<p><b>HAPPY THANKSGIVING</b></p>	<p><b>NO SCHOOL</b></p>
<p><b>30.</b> <i>Cereal or Yogurt, Toast, Juice</i></p> <p style="text-align: center;"><b>Grilled Cheese</b></p> <p>Baby Carrots, Pickle Spear Mandarin Oranges</p>	<p style="text-align: center;"><b>Alternate entrée offered daily:</b></p> <p><i>Monday: Cracker Stacker</i> <i>Tuesday: Hot Pocket</i> <i>Wednesday: Mini Chef Salad</i> <i>Thur: Ham &amp; Cheese Sandwich</i> <i>Friday: Loaded Baked Potato</i></p>	<p>Choice of fat-free chocolate or 1% white milk served daily with breakfast &amp; lunch</p>		<p>Applications for Free/Reduced price school meals may be submitted any time during the school year. You pay pick an application up at the school office or the Administration building.</p>

Menu subject to change with out notice.